

Patient Instruction Sheet

You are scheduled for the following test to be done.

Colonoscopy (HalfLytey Prep Instructions)

Report to (Facility): _____

Date and Time: _____

You have been scheduled for an examination of the large intestine called a Colonoscopy. In order for the doctor to do a thorough exam, you must clean the colon. You will clean your colon before the test by following these instructions only.

INSTRUCTIONS:

If you are on insulin take 1/2 dose the day before your procedure and none the day of your procedure. If you are on oral diabetic medications, do not take the day of the prep or the procedure. If you are on the blood thinner medication Coumadin or Warfarin, do not take the day of your prep or the day of your colonoscopy.

- **Obtain from your pharmacy** two days prior to your procedure: The prescription for HalfLytey (2 liter bottle) and four Dulcolax over the counter laxative tablets.
- **The day before the procedure, you will be on clear liquids the entire day.** In the morning add water to the HalfLytey and refrigerate. At 9:00 am take four Dulcolax tablets with water. You may drink anything that you can hold up to the light and see through (apple juice, soft drinks, broth, coffee without cream, tea, water, sodas, etc.) You may also have Jell-O or popsicles but **NOTHING RED.**
- **At 4:00 p.m.** The day before the procedure drink 1 8 oz. glass of the HalfLytey prep. Repeat every 10-15 minutes until you have finished the entire 2 liter bottle (Approx. 3-4 hours). Do not eat or drink anything except water or medications after drinking the HalfLytey. Do not drink after midnight or the day of the procedure. You may **take needed medications with a small sip of water on the morning of the procedure. (Except Oral Diabetic Meds).**
- You must have someone with you in order for the physician to explain the results of the procedure after your exam, (this person will also need to be your driver), as you will have been sedated. Plan to be at the surgical center/hospital for approximately 2-3 hrs.
- The facility may call you with schedule updates or changes as needed.